



June 2026

Dear parents/carers,

We are delighted to be holding a "Tough Runner" event again on our school grounds on Tuesday 23 June. It will be a fun and exciting event and will give our children an experience of a new sporting activity. Our experienced and fully trained school PE coaches will be running the event for us. They will set up a large obstacle course on the school field with challenges including safe and child friendly climbing walls, balance beams, cargo crawls, tunnels, strength & endurance challenges as well as a 10m inflatable water slide!

The Tough Runner experience will support and challenge our children's determination, teamwork and self-belief during brilliant fun activities.

Each class will be able to take part throughout the day to enjoy the course and its challenges. To be fully prepared for the day, please ensure your child attends school on the day wearing appropriate sports kit, including a suitable pair of trainers that you are happy for them to get wet and muddy. The children will be changing into their school uniform after completing the course.

Please make sure they bring to school with them a full change of school uniform including underwear, shoes and a towel (boys and girls will get changed separately).

Children will not be able to participate if they do not bring these into school. Please ensure all jewellery, including earrings are removed.

Please note, there will be no PE lessons on this day.

Last year, the children thoroughly enjoyed the experience and many other schools in the Embark Trust have already taken part in the Tough Runner day. Hopefully we will have some lovely weather and the children will have a fantastic time! If you have any queries, or do not want your child to take part for any reason, then please do not hesitate to contact the school office.

Many thanks

Miss Beard