

PE Curriculum Plan – 2022/23

Autumn 1	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sport (1 st Hour)	Fundamentals locomotor skill:	Fundamentals (planning on staffshare) Tues am 1/2B (c) Tues am 1A (c)	Fundamentals (planning on staffshare) Tues 1/2B am (c)	Fitness (Planning on StaffShare) Mon pm 3/4E (c) Mon pm 3/4F(c)	Fitness (Planning on StaffShare) 3/4E (c) 3/4F(c)	Swimming	Fitness (Planning on StaffShare) Tues pm 6K (c) Tues pm 6L (c)
Sport (2 nd Hour)	Athletics (AVSSP Planning)	Athletics (AVSSP Planning)	Athletics (AVSSP Planning)	Athletics (AVSSP Planning)	Athletics (AVSSP Planning)	Athletics Mon 5I am (c) Mon 5J am (c)	Athletics (AVSSP Planning)
Lunchtime	Fundamentals (Monday AVSSP Coach- Danny)	Fundamentals (Monday AVSSP Coach-Danny)	Fundamentals (Monday AVSSP Coach-Danny)	Ultimate Frisbee (Wednesday AVSSP Coach)	Ultimate Frisbee (Wednesday AVSSP Coach)	Football x 4 weeks then Basketball (Tuesday AVSSP Coach-Danny) Handball (Thursday AVSSP Coach)	Football x 4 weeks then Basketball (Tuesday AVSSP Coach-Danny) Handball (Friday AVSSP Coach)
A/S club		Fundamentals Handball (Tuesday)	Fundamentals Handball (Tuesday)	Handball (Monday)	Handball (Monday)		
Competition		Athletics (Tuesday 4 th October)		Athletics (Thursday 20 th October)		Athletics (Thursday 13 th October) Football (Thursday 29 th September)	

Autumn 2	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sport (1 st Hour)	Multi-skills (AVSSP Planning)	Multi-skills	Multi-skills	Invasion Games – Handball (planning on Staffshare)	Invasion Games – Handball (planning on Staffshare)	Swimming	Dance (AVSSP dance planning on staffshare)
Sport (2 nd Hour)	Dance (AVSSP dance planning on staffshare)	Dance (AVSSP dance planning on staffshare)	Dance (AVSSP dance planning on staffshare) Tues AM 2C (C) Tues AM 1/2B (C)	Dance (AVSSP dance planning on staffshare) Mon PM 3/4G (C) Mon PM 3/4 F (C)	Dance (AVSSP dance planning on staffshare) Mon PM 3/4G (C) Mon PM 3/4 F (C)	Dance (AVSSP dance planning on staffshare) Mon AM 5I (C) Mon AM 5J (C)	Handball Tues PM 6L (C) Tues PM 6K (C)
Lunchtime	Fundamentals (Monday AVSSP Coach-Danny) Dodgeball (skills) Friday AVSSP Coach	Fundamentals Football (Monday AVSSP Coach-Danny) Dodgeball (skills) Friday AVSSP Coach	Fundamentals Football (Monday AVSSP Coach-Danny)	Ultimate Frisbee (Wednesday AVSSP Coach)	Ultimate Frisbee (Wednesday AVSSP Coach)	Basketball (Tuesday AVSSP Coach-Danny) Dodgeball (Thursday AVSSP Coach)	Basketball (Tuesday AVSSP Coach-Danny)
A/S club		Dodgeball (Tuesday)	Dodgeball (Tuesday)	Archery (Monday)			
Competitions		Handball Tuesday 15 th November 2022		Handball Tuesday 29 th November 2022		Basketball Tuesday 22 nd November 2022	

Spring 1	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sport (1 st Hour)	Team sport Dodgeball (HRF) AVVSP planning	Team sport Dodgeball (HRF) AVVSP planning	Team sport Dodgeball (HLF) AVVSP planning	Team sport Dodgeball (HLF) AVVSP planning	Team sport Dodgeball (HLF) AVVSP planning	Swimming	Team sport Dodgeball (HLF) AVVSP planning
Sport (2 nd Hour)	Gymnastics (AVSSP Planning StaffShare) Mon PM R1 (C) Mon PM R2 (C)	Gymnastics (AVSSP Planning StaffShare) Mon AM 1A (C)	Gymnastics (AVSSP Planning StaffShare) Tues AM 2C (C)	Gymnastics (AVSSP Planning StaffShare) Mon AM 3/4G (C) Tues AM 3/4E (C)	Gymnastics (AVSSP Planning StaffShare) Tues AM 3/4G (C) Tues AM 3/4E (C)	Gymnastics (AVSSP Planning StaffShare)	Gymnastics (AVSSP Planning StaffShare) Tues PM 6I (C) Tues PM 6K (C)
Lunchtime		OAA - Outdoor Adventurous Activities (Monday AVSSP Coach-Danny) Ultimate Frisbee (Thursday AVSSP Coach)	OAA - Outdoor Adventurous Activities (Monday AVSSP Coach-Danny) Ultimate Frisbee (Thursday AVSSP Coach)	OAA - Outdoor Adventurous Activities (Tuesday AVSSP Coach-Danny)	OAA - Outdoor Adventurous Activities (Tuesday AVSSP Coach-Danny)	Netball (Wednesday AVSSP Coach) Football (Friday AVSSP Coach)	Netball (Wednesday AVSSP Coach) Football (Friday AVSSP Coach)
A/S club				Gymnastics – Specific children for competition (Tuesday)	Gymnastics – Specific children for competition (Tuesday)	Gymnastics – Specific children for competition (Monday)	Gymnastics – Specific children for competition (Monday)
Competition		Dodgeball Tuesday 31 st January 2023		Dodgeball Tuesday 7 th February 2022		Dodgeball Tuesday 14 th February 2023 Indoor Rowing Wednesday 25 th January 2023	

Spring 2	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sport (1 st Hour)	Fundamentals (types of passing, catching and ball skills- basketball skills. AVSSP Booklet- invasion games with basketball focus) Mon PM R1 (C) Mon PM R2 (C) (AVSSP planning booklet under invasion games)	Fundamentals Basketball (skill: running, stopping and turning) Mon AM 1A (C) Mon AM 1/2B (C) (AVSSP planning booklet under invasion games)	Fundamentals Basketball (skill: running, stopping and turning) (AVSSP planning booklet under invasion games) Mon AM 1/2B (C)	– Net and Wall-Tennis (AVSSP planning booklet) Tues AM 3/4G (C) Tues AM 3/4F (C) 3/4E netball Wed	Net and Wall-Tennis (AVSSP planning booklet) Tues AM 3/4G (C) Tues AM 3/4F (C) 3/4E netball Wed	Swimming	Tennis (AVSSP booklet) Tues PM 6L (C) Tues PM 6K (C)
Sport (2 nd Hour)	Net & Wall – Tennis (AVSSP planning booklet under net and wall games)	Net & Wall – Tennis (AVSSP planning booklet under net and wall games)	Net & Wall – Tennis (AVSSP planning booklet under net and wall games)	Invasion Games- Netball (Planning on staffshare) 3/4E- Net and Wall-Tennis (AVSSP planning booklet) (Friday)	Invasion Games- Netball (Planning on staffshare) 3/4E- Net and Wall-Tennis (AVSSP planning booklet) (Friday)	Tennis (AVSSP booklet)	Basketball (AVSSP booklet)
Lunchtime		Girls Only Football (Monday AVSSP Coach-Danny) Cross Country	Girls Only Football (Monday AVSSP Coach-Danny) Cross Country	Cross Country (Tuesday AVSSP Coach-Danny)	Cross Country (Tuesday AVSSP Coach-Danny) Girls only Football	Cross Country (Tuesday AVSSP Coach-Danny)	Cross Country (Tuesday AVSSP Coach-Danny) Cross Country

		(Wednesday AVSSP Coach)	(Wednesday AVSSP Coach)	Girls only Football (Thursday AVSSP Coach)	(Thursday AVSSP Coach)	Football (Friday AVSSP Coach)	(Wednesday AVSSP Coach)
A/S club		Football – Max 24 pupils (Tuesday AVSSP Coach)	Football – Max 24 pupils (Tuesday AVSSP Coach)			Netball (Monday AVSSP Coach)	Netball (Monday AVSSP Coach)
Competition				Gymnastics Tuesday 7 th March 2023 Cross Country Tuesday 28 th March		Gymnastics Thursday 9 th March 2023 Cross Country Tuesday 28 th March	

Summer 1	Reception	1A	1/2B	2C	3/4G	3/4E	3/4F	Year 5	Year 6
Sport (1 st Hour)	Striking & Fielding	Mon AM (C) Orienteering	Striking & Fielding	Mon AM (C) Orienteering	Tues AM (C) Orienteering	Tues AM (C) Orienteering	Striking and Fielding-cricket	Swimming	Tues PM (C) Cricket
Sport (2 nd Hour)	Dance Transition into PE Mon PM Nursery (C)	Striking & Fielding	Fundamental Football	Striking & Fielding	Striking and Fielding-cricket	Striking and Fielding-cricket	Orienteering	Cricket	Football
Lunchtime	Multi Skills Throwing & Catching (Wednesday AVSSP Coach)	Multi Skills - Throwing & Catching (Monday AVSSP Coach-Danny)		Multi Skills - Throwing & Catching (Monday AVSSP Coach-Danny)	Girls only Football (Thursday AVSSP Coach)	Girls only Football (Thursday AVSSP Coach)		Multisport (Tuesday AVSSP Coach-Danny) Football (Friday AVSSP Coach)	Multisport (Tuesday AVSSP Coach-Danny) Football (Friday AVSSP Coach)
A/S club	Active Fun (Tuesday AVSSP Coach)				Boxercise (Monday AVSSP Coach)	Boxercise (Monday AVSSP Coach)			
Competition								High 5 Netball Tuesday 25 th April 2023	

Summer 2	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sport (1 st Hour)	Fundamentals – Football (AVSSP Planning) Mon PM R1 (C) Mon PM R2 (C)	Fundamentals – Football (AVSSP Planning) Mon AM 1/2B (C)	Fundamentals – Football (AVSSP Planning) Mon AM 1/2B (C) Mon AM (2C) (c)	Invasion Games – Football Tues PM 3/4E (C) Tues PM 3/4F (C)	Invasion Games - Football	Swimming	Football
Sport (2 nd Hour)	Athletics – Sports Day Link	Athletics – Sports Day Link	Athletics – Sports Day Link	Athletics – Sports Day Link	Athletics – Sports Day Link	Athletics – Sports Day Link Tues AM 5I (C) Tues AM 5J (C)	Athletics – Sports Day Link
Lunchtime	Active Fun (Monday AVSSP Coach-Danny)	Playground games linked to athletics (Wednesday AVSSP Coach)	Playground games linked to athletics (Wednesday AVSSP Coach)	Girls only football (Thursday Year 3 and 4) AVSSP Coach	Girls only football (Thursday Year 3 and 4) AVSSP Coach	Tuesday-playground games linked to athletics (Tuesday AVSSP Coach-Danny) Football (Friday AVSSP Coach)	Tuesday-playground games linked to athletics (Tuesday AVSSP Coach-Danny)
A/S club		Cricket - 16 pupils max (Tuesday AVSSP Coach)	Cricket - 16 pupils max (Tuesday AVSSP Coach)	Cricket - 20 pupils max (Monday AVSSP Coach)	Cricket - 20 pupils max (Monday AVSSP Coach-Danny)	Cricket - 20 pupils max (Monday AVSSP Coach-Danny)	Cricket - 20 pupils max (Monday AVSSP Coach-Danny)
Competition						Cricket Wednesday 14 th June 2023	

